

SUN	MON	TUE	WED	THUR	FRI	SAT
		10:30 ESL 1	10:30 Adult Coloring 2	10:30 Chair Exercise 3 11:00 Origami Folding Class	2:00 Catholic Mass 4	5
6	10:30 Yoga for Seniors 2:45 Movie Matinee Monday 7	10:30 ESL 8	1:00 Senior Stitches 1:00 SCFHP Presentation 9	10:30 Chair Exercise 10 11:00 Halloween Craft Day	10:00 Meditation Class 11	12
3:00 Empower and Excel Technology Tutoring 13	10:30 Yoga for Seniors 14	10:30 ESL 15	10:30 Adult Coloring 16	10:30 Chair Exercise 17 11:00 Origami Folding Class	4:00 Birthday Buffet 18	19
20	10:30 Yoga for Seniors 2:45 Movie Matinee Monday 21	10:30 ESL 2:00 Furry Friends! 22	10:30 Adult Coloring 23	10:30 Chair Exercise 24 11:00 Planning Meeting	10:00 Meditation Class 25	26
27	10:30 Yoga for Seniors 28	10:30 ESL 1:00 Bingo 29	2:00 Halloween Party! 30	Halloween 10:30 Chair Exercise 31		

October 2019

Liberty Tower (408) 374-9511 ext. 2022

