

SUN	MON	TUE	WED	THUR	FRI	SAT	
					10:00 Sitting Exercise <b>1</b> 10:00 Safeway Shopping <b>2:20 Bookmobile</b> 7:30 Dominos 8:00 Bilingual Bible Study	6:00 Dominos <b>2</b>	
<b>3</b>	10:00 Sitting Exercise <b>4</b> 10:00 Bilingual Bible Study <b>1:00 Cooking Demo &amp; Food Tasting</b>	8:30 Mahjong/ Table Games <b>5</b> 10:00 Chair Exercise <b>10:00 Rosie the Riveter Museum</b> 2:00 Tai Chi	10:00 Chair Exercise <b>6</b> 10:00 Smart & Final Shopping	<b>9:00 Steps for Change</b> <b>7</b> <b>10:30 ESL</b> <b>1:00 Dance Class</b> 1:30 Mahjong/Table Games	10:00 Lucky's (El Paseo) Shopping <b>8</b> 10:00 Sitting Exercise <b>1:00 Card Making Class</b> 7:30 Dominos 8:00 Bilingual Bible Study	<b>11:00 Empower and Excel Technology Tutoring</b> <b>9</b> 6:00 Dominos	
<b>10</b>	10:00 Sitting Exercise <b>11</b> <b>10:00 Eastridge Center Shopping</b> 10:00 Bilingual Bible Study <b>7:00 Book Club</b>	8:30 Mahjong/Table Games <b>12</b> 10:00 Chair Exercise <b>10:00 Senior Day-San Mateo County Fair</b> <b>1:00 Blood Pressure Checks with Marian</b> 2:00 Tai Chi 2:45 Movie	10:00 Chair Exercise <b>13</b> <b>3:00 Karaoke</b>	<b>9:00 Steps for Change</b> <b>14</b> <b>10:00 Haircuts at SJCC Cosmetology</b> <b>10:30 ESL</b> <b>1:00 Adult Coloring</b> 1:30 Mahjong/Table Games	10:00 Sitting Exercise <b>15</b> 1:30 Whole Foods Bascom <b>2:20 Bookmobile</b> 7:30 Dominos 8:00 Bilingual Bible Study	6:00 Dominos <b>16</b>	
<b>Fathers' Day</b>	<b>17</b>	10:00 Sitting Exercise <b>18</b> 10:00 Bilingual Bible Study <b>11:30 International Lunch Bunch</b>	8:30 Mahjong/Table Games <b>19</b> 10:00 Chair Exercise <b>10:00 Hobby Lobby Store</b> <b>10:30 Health Talk (English &amp; Chinese)</b> <b>1:00 Bingo</b> 2:00 Tai Chi	10:00 Walmart - Almaden <b>20</b> 10:00 Chair Exercise <b>10:30 Planning Meeting</b>	<b>9:00 Steps for Change</b> <b>21</b> <b>10:30 ESL</b> <b>1:00 Dance Class</b> 1:30 Mahjong/Table Games	10:00 Sitting Exercise <b>22</b> <b>1:30 Arteaga's Food Center</b> <b>4:00 Birthday Buffet</b> 7:30 Dominos 8:00 Bilingual Bible Study	6:00 Dominos <b>23</b>
<b>24</b>	10:00 Sitting Exercise <b>25</b> <b>10:00 Santa Cruz Beach Boardwalk</b> 10:00 Bilingual Bible Study	8:30 Mahjong/ Table Games <b>26</b> 10:00 Chair Exercise 10:00 Lion Market <b>2:00 Furry Friends</b> 2:00 Tai Chi 2:45 Movie	10:00 Chair Exercise <b>27</b> <b>10:00 Gilroy Outlets</b> <b>3:00 Karaoke</b>	<b>9:00 Steps for Change</b> <b>28</b> <b>10:30 ESL</b> 1:30 Mahjong/Table Games <b>7:00 International Movie Screening</b>	10:00 Sitting Exercise <b>29</b> 1:30 Trader Joe's <b>2:20 Bookmobile</b> 7:30 Dominos 8:00 Bilingual Bible Study	6:00 Dominos <b>30</b>	

June 2018

Wesley Manor (408) 374-9511 ext. 2022

