

SUN	MON	TUE	WED	THUR	FRI	SAT							
						6:00 Dominos 1							
2	10:00 Sitting Exercise 10:00 Bilingual Bible Study	3	8:30 Mahjong/ Table Games 10:00 Annual Holiday Coffee/ Tea 2:00 Tai Chi	4	8:30 Walt Disney Museum 10:00 Chair Exercise 7:00 Sing A Long	5	9:30 Steps for Change 10:00 Westgate - Target 1:30 Mahjong/Table Games	6	10:00 Sitting Exercise 1:00 Card Making Class 1:30 Safeway Shopping 7:30 Dominos 8:00 Bilingual Bible Study	7	11:00 Empower and Excel Technology Tutoring 6:00 Dominos	8	
11:15 Cookie Decorating	9	10:00 Sitting Exercise 10:00 Bilingual Bible Study 7:00 Book Club	10	8:30 Mahjong/Table Games 10:00 Chair Exercise 10:00 Sausalito/Golden Gate Bridge/Lunch 2:00 Tai Chi 2:45 Movie	11	10:00 Chair Exercise 3:00 Karaoke 7:00 Sing A Long	12	9:30 Steps for Change 10:00 Health Talk 10:00 Haircuts at SJCC Cosmetology 1:30 Mahjong/Table Games	13	10:00 Ranch 99 Shopping 10:00 Sitting Exercise 2:20 Bookmobile 7:30 Dominos 8:00 Bilingual Bible Study	14	6:00 Dominos	15
16	10:00 Sitting Exercise 10:00 Bilingual Bible Study 7:00 Fantasy of Lights Tour	17	8:30 Mahjong/ Table Games 10:00 Chair Exercise 11:00 Eat Smart, Live Strong 2:00 Tai Chi	18	10:00 Chair Exercise 11:30 Movie Day 7:00 Sing A Long	19	9:30 Steps for Change 10:00 Costco 1:00 Bingo 1:30 Mahjong/Table Games	20	10:00 Sitting Exercise 1:30 Walmart - Almaden 7:30 Dominos	21	6:00 Dominos	22	
23	Christmas Eve Office Closed	24	Christmas Day Office Closed 8:30 Mahjong/Table Games 1:00 Christmas Day Buffet	25	10:00 Chair Exercise 3:00 Karaoke 7:00 Sing A Long	26	9:30 Steps for Change 10:00 Trader Joe's - Pruneyard 10:30 Planning Meeting 1:30 Mahjong/Table Games 7:00 International Movie Screening	27	10:00 Sitting Exercise 1:30 Whole Foods Bascom 2:20 Bookmobile 7:30 Dominos	28	6:00 Dominos	29	
30	1:00 New Year's Eve & Birthday Buffet 4:00 Casino Night!	31											

December 2018

Wesley Manor (408) 374-9511 ext. 2022

